



Empower * Enrich * Engage * Exercise * Energize

The Five E's of Girls Golf

We believe girls can do anything they set their minds to, which is why we teach them more than just the game of golf, we inspire them for the game of life too !

Girls GOLF
LPGA * USGA

OF WESTERN NEW YORK

Director: Marlene Davis

The “**Five E’s**” support our mission and give Girls Golf programs the opportunity to focus on teaching vital life skills that are specific to development for girls:

- Developing Confidence
- Finding Their Own Voice
- Identifying Their Talents
- Inspiring Them To Live Active and Healthy Lifestyles.

We **ENRICH** Girls Lives By Expanding Their Minds and Horizons.

Girls Golf programs teach more than just stance and swing. Through our connection with the USGA (the governing body of the game of golf) Girls Golf members also gain a deeper understanding of the rules, history, and science behind the game of golf.

Girls Golf members who aspire to compete in college or on Tour are also connected with resources and education to help them reach their goals.





We **EMPOWER** Girls with Confidence and Inspire Them to Dream BIG...

Each Girls Golf site provides girls with quality golf instruction overseen by LPGA or PGA teaching professionals who are experts in creating confident and competent golfers.

By helping girls develop their skills on the golf course, we empower them with confidence off the course too!

We pride ourselves in connecting our members with teachers who can take them from beginner to advanced players and who are passionate about sharing the knowledge of the game they love.

We **ENERGIZE** Girls with Passion for The Game of Golf.

We strive to teach and keep young girls engaged in the game, which sometimes means putting down the 7 iron and creating fun contests and activities that catch their attention. We have at times cut the drills short to throw a golf fashion show, water balloon toss...the list goes on and on.

We're not afraid to have some FUN and take a few detours along the way!





We **ENGAGE** Girls with Positive Female Role Models and Mentors.

Parents looking for role models for their young girls, can feel confident in those provided by the LPGA.

Girls Golf is the only national youth organization with a direct connection to the players on the LPGA and Symetra Tours. By connecting girls with women they can aspire to be like, girls inherently begin expanding their own horizons.



Girls Golf sites also partner with the members of the LPGA Teaching and Club Professionals, who are passionate about inspiring girls to achieve and serve as instructors and mentors for girls across the country.



We **EXERCISE** Girls' Minds and Bodies Helping Them Unlock Their Full Potential.

Did you know that playing a round of golf is equivalent to a 5 mile walk or a 3.5 mile run? Not only is golf one of the few sports you can play and enjoy for a lifetime, but it offers a number of health benefits.

Girls Golf sites not only exercise girls' bodies but also incorporate fitness and nutrition education into their programming and inspire girls to lead active and healthy lifestyles.